

## **IMPORTANT NOTICE:**

Although we have implemented careful procedures, there is always a possibility of traces of allergenic ingredients being present in any products used in the kitchen. We cannot therefore guarantee that a dish is completely free from any allergens.

If you do have any specific food allergies or an intolerance to any foods we ask that you to speak to our Restaurant Manager, so that we can provide you with a more detailed menu, with information regarding possible allergens.

On this menu we detail only the main ones with nuts (N) and gluten (G). Vegetarian dishes are marked (V)

All weights referred to are approximate - uncooked. All fish dishes may contain bones and all items are subject to availability.

All prices are inclusive of IVA (VAT) at the prevailing rate.

Smoking is not allowed in the restaurant and bar. Cigars and pipes are not permitted in any part of the restaurant and terrace areas.

Although terrace areas are outside please consider other guests and refrain from smoking at the table if others nearby are eating.



Snacks 12.00–22.00

## Soups

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<b>Cold cream of beetroot</b> , sweet potato and parsnip Coconut milk, croutons and sesame seeds	€5.50
Salads	
<b>Classic Caesar salad</b> Romaine lettuce, parmesan cheese, anchovy fillet, crou	tons
Caesar dressing - egg yolk, Dijon mustard,	
parmesan cheese, lemon juice, garlic and olive oil	€9.50
With grilled chicken	€13.40
With boiled prawns	€13.50
With smoked salmon	€14.30
Prawn and avocado	
Prawns, green leaves, avocado, crispy bacon pieces	
Mayonnaise and mustard vinaigrette	€14.30
Tropical	
Prawns, melon, papaya, mango	
Lemon and mint dressing	€14.90
Seafood platter	
Prawns, smoked salmon, gravlax, marinated herring, smoked salmon tartare, dressed salad	
Potato salad with salmon caviar,	
Two sauces: Dijon mustard with dill, cocktail	€17.30
<b>Crispy prawn</b> <sub>(G)</sub> Crispy prawns, mixed leaves, mango, cherry tomato, crispy pancetta	
Sweet chilli, ginger and balsamic vinaigrette	€13.00
<b>Niçoise</b> Fresh tuna, tomato, green beans, potato, red onion, egg,	
olives, coriander, oregano Anchovy vinaigrette	€15.00



<b>Couscous salad with saffron</b> Halloumi cheese (V) or grilled tofu (VG) Grilled courgette, eggplant, onion Cherry tomatoes, beetroot Balsamic vinaigrette	€13.20
<b>Salmon</b> Warm poached salmon, mixed leaves, asparagus and r Greek yoghurt, avocado, coriander Lime juice	mango €14.80
<b>Chef's Salad</b> Chicken, cheese, ham, lettuce, boiled egg, tomato, peach French vinaigrette	€12.80
<b>Thay</b> <sub>(N)</sub> Chicken, mushroom, sun-dried tomatoes, radish, bean sprouts, courgette, aubergine, mixed leaves, cashew nuts Sweet chilli and coriander vinaigrette	€13.90
<b>Salmon poke</b> Marinated salmon, quinoa, red cabbage, cucumber sesame seeds, soya dressing	€15.00
<b>Tuna poke</b> Marinated tuna, quinoa, red cabbage, cucumber sesame seeds, soya dressing	€15.00
<i>Mediterranean Poke</i> Feta cheese (V) or grilled tofu (VG) Hummus, quinoa, cherry tomatoes, cucumber, red onion, corn, kalamata olives, coriander sesame seeds	€11.50



## Nibblings

<b>Prawn Tempura (G)</b> Sweet chili sauce or spicy mayonnaise or soya sauce	€11.50
<b>Chicken Wings</b> Plain or with a chilli or blue cheese dip	€11.40
<b>Chicken Goujons (G) (N)</b> Crispy chicken strips in panko Curry dip	€10.80
<b>Chicken tikka massala</b> Basmati rice, eggplant, mango and coriander Greek yogurt, chili	€16.00
<b>Sandwiches</b> (G) - Served in a baguette or hot panini	
Ham and cheese	€8.80
Tuna, onion, tomato, mayonnaise	€10.80
Grilled chicken, coriander, cheddar cheese, avocado	€11.00
Grilled steak, Béarnaise sauce	€14.40
Roast beef baguette, Gherkins, rocket and caramelized onions Three mustard and honey sauce	€14.00
<b>Wraps</b> <sub>(G)-</sub> - served with French fried potatoes or salad	
<b>Mozarella and tomato</b> Chicory, red lettuce Pesto with basil (V) (N)	€10.90
<b>Prawn and mango</b> Red chilli, lettuce Cocktail sauce	€11.90
<b>Grilled chicken and bacon</b> Coriander, spinaches, avocado, lettuce Mayonnaise	€10.90



<b>The Four Seasons Special Sandwiches</b> <sub>(G)</sub> Served with French fried potatoes or salad	
<b>Traditional Club</b> Chicken, ham, bacon, tomato lettuce, egg, mayonnaise	€13.70
<b>Vegetarian club (V)</b> Avocado, aubergine, lettuce, carrot, spinach, cucumber, tomato, egg, mayonnaise	€11.80
<b>Salmon club</b> Smoked salmon, avocado, fennel rocket, gherkin, capers, Mayonnaise and Dijon mustard	€13.30
<b>Prawn</b> Open sandwich with prawn, guacamole, lime, cherry tomato, crispy onion Cocktail sauce	€11.80
<b>Hamburgers</b> (G) <b>Beef (180 grms. / 6.30 oz.)</b> Served with French fried potatoes or salad	
Plain	€10.50
Sliced tomato and lettuce	€11.00
Cheese	€11.50
Bacon, cheese and caramelized red onion	€12.00
Hot Dog	€9.20
Portion of chips	€3.50