

IMPORTANT NOTICE:

Although we have implemented careful procedures, there is always a possibility of traces of allergenic ingredients being present in any products used in the kitchen. We cannot therefore guarantee that a dish is completely free from any allergens.

If you do have any specific food allergies or an intolerance to any foods we ask that you to speak to our Restaurant Manager, so that we can provide you with a more detailed menu, with information regarding possible allergens.

On this menu we detail only the main ones with nuts (N) and gluten (G). Vegetarian dishes are marked (V)

All weights referred to are approximate - uncooked. All fish dishes may contain bones and all items are subject to availability.

All prices are inclusive of IVA (VAT) at the prevailing rate.

Smoking is not allowed in the restaurant and bar. Cigars and pipes are not permitted in any part of the restaurant and terrace areas.

Although terrace areas are outside please consider other guests and refrain from smoking at the table if others nearby are eating.

Snacks are served from 12.00 – 22.00

Salads

Funcho

Fennel, cranberry, lime juice, rocket, cherry tomato Lemon, olive oil and black pepper vinaigrette (Vegan)	€9.20
Add chicken	€11.50
Add halloumi (V)	€12.70

Quinoa

Quinoa, vegetable julienne, cherry tomato, feta cheese, coriander Lime, olive oil, clove and honey vinaigrette (V)	€11.50
Without cheese (Vegan)	€10.50
Add chicken	€12.50
Add prawns	€13.00

Camarão e abacate

Prawns, green leaves, avocado, crispy bacon pieces Mayonnaise and mustard vinaigrette	€12.40
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Tropical

Prawns, melon, papaya, mango Lemon and mint dressing	€13.40
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Prato do Mar

Prawns, smoked salmon, gravlax, marinated herring, smoked salmon tartare, potato salad with salmon caviar, dressed salad. Two sauces: Dijon mustard with dill, cocktail	€16.00
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Camarão crocante (G)

Crispy prawns, mixed leaves, mango, cherry tomato, crispy pancetta Sweet chilli, ginger and balsamic vinaigrette	€11.00
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Niçoise

Fresh tuna, tomato, green beans, potato, red onion, egg, olives Coriander vinaigrette	€13.00
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Salada do Chef

Chicken, cheese, ham, lettuce, boiled egg, tomato, peach, vinaigrette	€10.20
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Frango Carilado (N)

Chicken, curried mayonnaise, pineapple, coconut, sultanas,
pine nuts, banana €11.20

Tailandesa (N)

Chicken, mushroom, sun-dried tomatoes, radish, bean sprouts,
courgette, aubergine, mixed leaves, cashew nuts
Sweet chilli and coriander vinaigrette €12.20

Nibblings

Fish Goujons (G)

Strips of hake in batter
Tartare sauce €10.00

Chicken Wings

Crispy chicken wings
Plain or with a chilli or blue cheese dip €9.75

Chicken Goujons (G) (N)

Crispy chicken strips in panko
Curry dip €9.75

All nibblings are served with French fried potatoes or salad.

Special Four Seasons sandwiches (G)

Traditional Club

Chicken, ham, bacon, tomato, lettuce, egg, mayonnaise €11.80

Vegetarian Cub (V)

Avocado, aubergine, lettuce, carrot, spinach, cucumber
tomato, egg, mayonnaise €9.80

Tuna Club

Tuna, lettuce, tomato, egg, bacon, mayonnaise €10.70

Prawn

Prawns, lettuce, cocktail sauce, brown bread €9.80

Sandwiches (G)

Served in a baguette or hot Panini

Ham and cheese	€7.70
Tuna, onion, tomato, mayonnaise	€9.30
Grilled chicken, coriander, cheddar cheese, avocado	€9.30
Grilled steak, Béarnaise sauce	€12.30

Wraps (G)

Prawn, mango, red chilli, lettuce, cocktail sauce	€10.00
Tuna, lettuce, avocado, tomato, mayonnaise Tuna vinaigrette	€9.50
Grilled chicken, bacon, coriander, baby spinach, avocado, lettuce, mayonnaise	€9.00

All sandwiches are served with French fried potatoes or salad.

Hamburgers (G)

Beef (180 grms.)

Plain	€8.80
Sliced tomato and lettuce	€9.30
Cheese	€10.10
Bacon and cheese	€10.30
Hot Dog	€8.10
Portion of chips	€3.00