

## **SOUPS**

Soup of the day	€6.40
Gazpacho Andaluz (V) (G)	€7.10
Fresh tomato soup	
Cream and parsley (V)	€7.00
Thai soup with chicken and mange tout Coriander and chilli pepper (G) (N)	€7.40
Cold cream of beetroot, sweet potato and parsnip Coconut milk, croutons and sesame seeds	€6.50
STARTERS	
Avocado with prawns, cocktail sauce	€15.00
Filo pastry nest with chèvre cheese, apple, walnuts, honey (V) (N)(G)	€13.50
Seared scallops, peas purée with pennyroyal, crispy pancetta, micro herbs Orange and Grand Marnier sauce	€16.80
Cured salmon, gherkins, pink ginger, salmon and herring roes Avocado mousse, wasabi mousse with Greek yogurt,	
Dijon mustard, honey and soya sauce	15.40
Prawns wrapped in kataifi strands (G) Chilli, lime, ginger, mango and coriander dip	€13.80
Melon carpaccio with cured ham, pink pepper, wild berries and mint Honey and balsamic vinaigrette	€12.50
Beef tartar (80 grs) Raw egg, gherkins, capers, red onion, anchovies, parsley, mustard	€15.50
LIGHT AND HEALTH	
Classic Caesar salad (G) Romain lettuce, parmesan cheese, anchovy fillet, croutons. Caesar dressing	
(Egg yolk, Dijon mustard, parmesan cheese, lemon juice, garlic and olive oil)	€11.50
With grilled chicken	€15.40
With boiled prawns With smoked salmon	€15.50 €16.30
Seafood platter	
Prawns, smoked salmon, gravlax, marinated herring, smoked salmon tartare Potato salad with salmon caviar, dressed salad	
Two sauces: Dijon mustard with dill, cocktail	€19.30
Crispy prawns salad Prawns, mixed leaves, mango, cherry tomato, crispy pancetta Sweet chili, ginger and balsamic vinaigrette (G)	€15.00
	€15.00
Couscous salad with saffron and halloumi cheese (V) or grilled tofu (VG) Grilled courgette, eggplant, onion and cherry tomatoes, beetroot Balsamic vinaigrette	€15.20
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## **VEGETARIAN AND VEGAN** - We have gluten free penne available

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ourgette cannelloni ourgette, shimeji mushrooms, shallot, baby spinach, celery, carrot, ricotta, mozzarella, ouda cheese onnel, basil, tomato cherry and rocket salad omato, basil, pine nuts and almond sauce (V) (N)		
Without cheese (Vegar		€14.70 €12.70
Saffron risotto Paris, shiitake and shimeji mushrooms, green		€16.40
Potato gnocchi (G) with:		
	4 Cheeses sauce Tomato and basil sauce	€17.60 €16.20
2	Pesto sauce	€17.00
Ricotta and spinach ravioli:	Butter and sage sauce	€16.50
	Tomato and basil sauce	€16.50
	Pesto sauce	€16.50
	Roasted pumpkin, walnuts and cream	€16.50
PASTA (G) - We have gluten free penne available		
Duck lasagne with spinach and ginger		€14.00
Linguini Al Pesto di mare		
Linguini, prawn, parmesan cheese, rocket, ba	isil, pinion dry fuits	€21.50
Spaghetti Bolognese		€13.90
Penne with chicken, bacon, cream, gorgonzo	ola cheese	€15.00
Black spaghetti with monkfish, prawns, mushrooms, cream, tomato		€20.80
Four Seasons tagliatelle carbonara		€14.60
Saffron risotto with seabass and prawns		€21.00
FISH AND SHELLFISH		
Seared tuna Potato purée with wasabi, vegetable spaghe Olive oil with mint, lime, ginger and coriande		€25.20
Grilled fillet of sea bass Buttered new potatoes and vegetables		€25.40
Curried prawns (medium or spicy) White rice (N)		€23.00
Monkfish, prawn and clams cataplana stew Diced chorizo and cured ham Potatoes, tomato, red, yellow and green bel	l peppers, dried garlic and onions	€26.00
Sautéed tranche of salmon with quinoa crus Sautéed spinaches Purple sweet potato purée Mustard and fennel mousseline	t	€25.50



## **POULTRY AND MEAT**

Roasted duck breast, and Steamed soft stem broccoli **Duchesse** potatoes Orange sauce €21.00 Chicken piri-piri (25 mins) French fried potatoes €13.80 Beef stroganoff flamed with vodka (G) White rice €24.00 Lamb chops Carrot purée, spinach Fried sweet potato chips €27.80 Roasted rack of lamb, Couscous with roasted vegetables Mint cream, blackberries sauce €29.50 Beef tartar (160 grs/5.6 oz) Raw egg, gherkins, capers, red onion, anchovies, parsley and mustard €24.00 Surf & Turf - Braised beef tenderloin and sautéed prawn Grilled asparagus, Padrón pepper and cherry tomato Dauphine potatoes Port wine reduction €31.20 Beef tournedos with foie gras Roasted Padrón bell pepper and cherry tomatoes Pont Neuf potatoes Madeira sauce, grain mustard with honey €31.00 Grilled fillet steak Roasted cherry tomatoes on the stem and marron mushrooms Pont Neuf potatoes Béarnaise sauce €30.00 Indian lamb curry Basmati rice Poppadom and dips (N) €19.50

## SIDE DISHES - €3.50 each

Rice and potatoes	Vegetables	Salads
Basmati rice French fried potatoes	Sautéed greens beans with bacon	Tomato, onion and oregano Mixed salad
Sweet potato chips	Soft stem broccoli	Green salad
Buttered new potatoes Sautéed potatoes	Sautéed spinach Roasted vegetables selection	Alentejana salad – tomato, onion, cucumber, green
Pont Neuf potatoes	Roasted cauliflower gratinated with cheese (G)	pepper