



# ESTÉTICA

FACE & BODY

Established in 1991

Founded by Jacqueline Vehlow



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## **Cancellation Fee**

A 12 hour cancellation notice is required for all bookings. Otherwise 100% of the total treatment will be charged.

## **Late Arrivals**

Your Treatment duration will be reduced accordingly and the full price charged.

## **Children**

Estetica will not do massage treatments on children under 12 years of age.

## **Pregnancy**

Estetica is able to adapt all treatments for pregnancy, please advise when booking the treatment so that the therapist is aware and can make changes accordingly.

## **Beauty Essentials**

### **Hands & Feet**

- Basic Manicure **30€**
- Shellac Manicure **40€**
- Biab **50€**
- Basic Pedicure **45€**
- Shellac Pedicure **50€**
- Medi Pedicure **55€**

Shellac / gel removal not done by Estetica will be charged according to manner in which it is removed and length of time taken.

Gel removal with no manicure or re application, only file and treatment base coat applied.

**15€**

### **Waxing**

- Half leg wax **25€**
- Full leg wax **30€**
- Bikini wax **25€**
- Brazilian wax **35€**
- Hollywood wax **40€**
- Under arm wax **15€**
- Back wax **from 25€**
- Lip wax **10€**
- Lip and Chin wax **15€**
- Eyebrow wax & shape **10€**

We use hot wax for bikini and under arms, and strip roller wax for legs.

### **Eyelash / Eyebrow Tinting**

- Eye lash tint **20€**
- Eyebrow tint & shape **20€**
- Both together **35€**
- LVL lashes for lift, volume and length **50€**
- Brow lamination **30€**

## Our Facial Philosophy

We are skin Therapists First. Our approach to Facials is rooted in Skin Health, correction and long term results, not quick fixes.

Every treatment begins with a professional skin analysis and is fully personalised to your skin condition on the day.

We work with advanced professional brands, allowing us to combine corrective, medical grade treatments with barrier repair and regeneration. This enables us to treat a wide range of skin concerns while always respecting the skin.

Our goal is simple: Healthy skin, guided by expertise, honesty and consistency.

### **Vitamin C Facial** **95€**

Perfect Facial for sun damaged skin, lifeless and tired skin with uneven tone,  
A strong Anti Oxidant Facial

### **Hydra Facial Machine** **140€**

This multi step non invasive, medical grade Facial treatment deeply cleanses, exfoliates and hydrates the skin all in one session. Delivers instant results with no downtime.

### **Resurfacing Facials**

M.E.S.O. (Bio microneedling ) An enhanced resurfacing option using micro-spicules and multiple molecular weights of hyaluronic acid to create micro channels and boost active penetration.

AGE CORRECTION FACIAL Targets fine lines, early ageing and loss of elasticity

REDNESS RELIEF FACIAL Calms irritation and strengthens the skin barrier.  
Anti inflammatory reduces chronic redness and compromised skin barrier.

M.E.L.A. Pigment Balancing Facial for dark spots and uneven tone, reduces melanin accumulation and improves skins radiance.

ACNE CONTROL FACIAL Designed for oily, blemish prone or congested skin.

All resurfacing Facials can be done as one off treatments, but we suggest a course of 4 treatments every two weeks.

One Treatment = **120€** Course of 4 = **400€**

### **Microneedling**

A professional cosmetic procedure stimulating collagen.  
Using active serums to boost skin renewal and improve overall texture and firmness.

One Treatment = **120€** Course of 4 = **400€**

### **Dr. Schrammek The Original Green Peel**

A natural peel with results as good as a chemical peel.

A new skin in 5 days, Treatment plus home care kit **150€**

### **Add ons to Facial**

Nano needling **25€**

Dermaplaning **30€**

Exosomes **30€**

## Body Treatments

### **Our Body Philosophy**

Every massage is customized based on the clients individual concerns, goals, and physical condition to ensure the most effective treatment.

Back Massage 45min = **60€**

Deep Tissue Massage 60min = **95€**

Relaxing Massage 60min = **85€**

Sports Massage 60min = **95€**

Aromatherapy 75min = **105€**

Any of the above times can be increased by an extra 30 mins. for an extra 30€

## Specialised Body Treatments

### **Hot Stone Massage**

Smooth warm volcanic stones are used to create a cleansing, harmonising and soothing effect on the body. Leaving you felling energised.

75 min = **110€**

### **Lymphatic Massage**

This is a light, rhythmic massage that encourages the natural movement of lymph fluid through the body. This treatment supports detoxification, reduces fluid retention, boosts circulation, and can aid the immune system.

60min = **85€**

### **Reflexology**

This Ancient Chinese treatment applies to certain known reflex points located in the feet. Distress may be treated or prevented.

60min = **85€**

### **Herbal Poultice Massage**

This relaxing Thai massage is done with herbs and spices, wrapped in a warm muslin cloth, extremely rich in nutrients, restores aching muscles.

75 min. = **120€**

### **Ear Candling**

For the relief of sinusitis, headaches, vertigo and ear pressure from build up of wax, hay fever and allergies.

30 min = **35€**

### **Indian Head Massage**

Increases blood flow to the scalp, relieves tension and headaches. Excellent for dry scalp and migraine sufferers. Also includes lymphatic facial drainage.

40 min = **45€**

## Estetica Signature Treatments

### **De- Stress Treatment**

This treatment gives you a combination of Face and Body treatments. To relax and warm your muscles the treatment starts with a relaxing Hot Stone Back Massage, followed by an Express Facial and Indian Head Massage.

60 min = **90€**

### **Estetica Massage Treats**

Select one of these combinations to relieve your specific needs.  
Each combination is a 60 minute treatment.

30min Indian Head Massage with 30 min Reflexology

30 min Indian Head Massage with 30 min Back Massage

30 min Lymphatic Facial Massage with 30 min Indian Head Massage

30 min Back Massage with 30 min Reflexology 30 min = **85€**