

Beauty Essentials

Hands & Feet

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|------------------|-----|-------------------|-----|
| • Basic Manicure | 22€ | • Pedicure | 32€ |
| • OPI Gel | 30€ | • OPI Pedicure | 40€ |
| • Calgel | 35€ | • Calgel Pedicure | 45€ |
| • Paraffin wax | 10€ | | |

Gel removal not done by estetica is an additional 5€
Gel removal with no manicure or re application. 15€
(This includes file and buff)

Hair Removal

Cold wax is used for the majority of waxing. We recommend the use of hot wax for bikini, underarm and face.

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|----------------|-----|-------------------------|-----|
| • Half leg wax | 20€ | • Eyebrow wax + shape | 10€ |
| • Hollywood | 30€ | • Full leg wax | 28€ |
| • Brazilian | 25€ | • Back wax from | 20€ |
| • Bikini wax | 15€ | • Lip and chin wax from | 10€ |
| • Underarm wax | 15€ | | |

Ear Candeling

30€

For the relief of sinusitis, Headaches, Vertigo, Ear pressure from wax build up, Hay fever, Allergies.

Eye Lash/Eye Brow tinting

For a semi permanent colour. To enhance your own lashes or brows. Brown, black or blue Black tint

- Eye lash tint 15€
- Eye brow tint + shape 15€
- Both together 25€

Deep Cleanse Facial

65€

For a powerful skin recharge, this facial will bring back the glow to dull and lifeless complexions, decongests the skin, eliminates blocked pores and neutralises impurities.

Instant Radiance Facial

85€

For an instant radiance, a choice of hydrating, purifying or calming masks with Algae's to remineralise skin and feed skin according to need.

Anti Ageing Facial

95€

Whether you in your 30's and your skin is showing the early signs of skin aging. In your 40's and your skin is losing some firmness, or you over 50 and the skin is showing deeper wrinkles, we have the relevant facial for you with powerful active ingredients to help restore your skin.

Micro Needling

1 Treatment 85€ (Course of 4) 300€

Derma pen used in conjunction with pure cocktails of vitamins and minerals to restore skins collagen and elastin production. Overall texture and tone of skin. Ideal for post acne scarring, pigmentation, acne, aging on face. Body treatments for cellulite, stretch marks and scars.
Can be done every two weeks.

DR SCHRAMMEK the original GREEN PEEL

120€

A natural peel with results as good as a chemical peel. A new skin in 5 days. Treatment plus home care products.

Energying Facial or Vitality Facial

95€

Using the same active ingredients but in smaller quantities than the original green peel, this treatment has no down time but will help pep up your skin.

Glycolic Facial

70€

For skin with pigmentation, acne scars, and uneven skin tone this facial will remove blemishes and regenerate skin.

This facial should not be done in the summer months.

Package Treatments

De Stress Treatment

80€

This De stress treatment gives you a combination of Face and Body treatments. To relax and warm your muscles the treatment starts with a relaxing hot stone back massage. Followed by an Express facial and an Indian Head Massage.

Mother-to-Be

95€

Comforting and cocooning, safe pre natal treatment for the expectant mum, releasing anketles and leaving you with inner strength and peace. (Head, back, legs and Feet)

Body Scrubs

30€

Containing seaweed extract. Herb and aromatherapy oils will be used to remove the dead cells for the better penetration of oils. Leaving the skin well hydrated and smooth.

Cancellation Fee: A 6 hour cancellation notice is required for all bookings. Otherwise 100% of the total treatment will be charged.

Late Arrivals: Your Treatment duration will be reduced accordingly and the full price charged.

Children: Estetica will not do massage treatments on children under 12yrs of age.

Quinta Verde

Almancil

Tel: +351 912 560 153

Four Seasons

Country Club

Quinta do Lago

Tel: +351 289 357 134

EDITION:
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ESTÉTICA

esteticas@hotmail.com

Facial Treatments

Body Treatments

Relaxing Back Massage

30/45min 40/55€

A massage of upper and lower back, to relieve tension, stress and muscular discomfort.

Deep Tissue Muscle Massage

85€

Focusing to relieve specific stress and muscle tension, this deep rhythmic pressure massage gives the whole body a vigorous workout.

Relaxing Body Massage

75€

This perfect antidote to a stressful lifestyle, relaxes the mind and restores the body equilibrium, easing tension and improving circulation.

Indian Head Massage

35€

Increases blood flow to the scalp, relieves tension and headaches, Excellent for dry scalp and migraine sufferers. It is an extremely relaxing treatment. Ideal treatment when you have a head cold or sinus problems as well.

Estetica Massage Treats

70€

Select one of these combinations to relieve your specific needs. Each combination is a 60min treatment.

- Relax your extremities with an Indian Head Massage and Reflexology treatment.
- Back neck and shoulder massage, completed with a relaxing scalp massage. Ideal for upper neck and head tension.
- Back massage followed by a reflexology massage to leave you feeling as light as a feather.

Body Wraps

75€

This treatment starts with a body exfoliation to remove dry skin. A choice of Detox - Nourishing - Firming - Draining wraps followed by an Aroma massage oil application, to compliment the body wrap.

Specialised Body

Hot Stone Massage

85€

Smooth warm volcanic stones, are used to create a cleansing, harmonising and soothing effect on the body. Leaving you feeling energised.

Lymphatic Massage

65€

Ideal for sluggish and poor circulation of the entire body. This treatment will open lymph glands to increase drainage and the elimination of toxins from tissues.

Aromatherapy

85€

Essential oils from some of the world's most exotic flowers and plants that have been used for centuries for their powerful penetrating fragrances and healing properties. A brief consultation will take care of your senses and needs

Sports Massage

75€

Our Therapists are trained to do a remedial massage to remove trapped nerves, muscle problems and alleviate any aches and pains from sports injuries.

Reflexology

65€

This Ancient Chinese treatment applies to certain known reflex points located in the feet. Disorders may be treated or prevented

Vacuum Massage

1 treatment localized 45€ 5 treatments 200€

A therapeutic massage used for sculpting, cellulite reduction + to treat ailments. The local rush of blood and Lymph to skin from deep lying tissues results in an extremely beneficial massage.

Bamboo Massage

75€

The Bamboo cane replaces the therapists hands and is used to give a deep firm massage, for people with lots of knots in their muscles this treatment is ideal. (not a relaxing massage)